

# Medium Support Women's Homelessness Service

## What is Missing Link?

Missing Link supports homeless women with complex needs to recover, secure and sustain housing and live full and rewarding lives.

This leaflet is about our **women's medium support accommodation services**.

The aim of this housing and support is to act as a stepping stone to more independent living. You can stay for up to 9 months to consolidate your recovery and successfully move into lower support or more independent accommodation.

The service is made up of 6 shared houses and 7 self-contained flats including one with wheelchair access.

Missing Link strives to create a culture that encourages and values everyone's differences and promotes mutual respect and shared understanding.



## What we offer

- Women only housing
- Practical and emotional support to help manage accommodation
- Support to take positive steps towards independent living
- Support to secure appropriate move on
- Help with accessing other support services
- Help with Mental Health issues – including self-harm
- Support to sustain treatment to address substance misuse issues
- Support with rebuilding your life
- Help with any offending issues
- Extending and sustain social networks and positive relationships
- Life skills and training
- Pathways to volunteering, training and employment
- Managing your money and debts
- Support in dealing with trauma
- Support from other women
- A say in how things are run

## What will my support look like?

Staff will provide regular visiting support in the accommodation and:

- Group support sessions;
- 1-1 support in person and by telephone;
- Drop In
- Peer support
- Group activities
- Training and practical skills sessions
- Use of email, text and Skype (where appropriate)

## What other services can I use?

- In house training courses
- Support groups
- Peer support
- Confidential counselling service
- Self-Harm support service



## How can I access the service?

- You have to be aged 16 or over
- You have to be on the Housing Support Register and we can help you with this
- If you have a support worker ask them to help you

Phone **0117 925 1811**

email [enquiries@missinglinkhousing.co.uk](mailto:enquiries@missinglinkhousing.co.uk)

website [www.missinglinkhousing.co.uk](http://www.missinglinkhousing.co.uk)

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